

District Policy & Regulations

BOARD OF EDUCATION COLUMBUS SCHOOL DISTRICT

OPERATIONS
8510/PAGE 1 OF 1

WELLNESS

The Columbus School District is committed to providing an environment where all members of the school community can participate in lifestyle behaviors that support informed, lifelong decision-making skills and wellness. By facilitating learning through the support and promotion of good nutrition, physical activity and social/emotional life skills, schools contribute to the basic health status of all members of the school community. Improved health optimizes student performance potential and ensures that no child is left behind.

The Columbus School District will:

- A. Provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors.
- B. Support and promote proper dietary habits contributing to health status and academic performance.
- C. Support and promote healthy levels of physical activity.
- D. Develop and support knowledge, skills, and attitudes necessary for lifelong social/emotional health.

The Columbus School District Wellness Policy and Guidelines will meet all State and Federal Laws and mandates. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the U.S. Secretary of Agriculture, as applicable to schools.

CROSS REF: 8531 Free & Reduced Price Meals

APPROVED: 08/21/06

REVISED: